



For the Somersworth School District Community

AAFA New England presents a FREE webinar: "Take a Breath: ASTHMA EDUCATION

for life without limits™ "

Date: May 6, 2024 Time: 7:00pm - 8:00pm *Registration is free*



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Dianna Queheillalt is a Pediatric Nurse Practitioner within the Division of Immunology's Asthma and Allergy Program at Boston Children's Hospital. She is also a certified asthma educator (AE-C) through the National Board for Respiratory Care.



This program is a live, interactive, one hour webinar. If you are a member of the Community Action
Partnership of Strafford County and a caregiver of a child with asthma, we invite you to join us and learn about asthma management.

Bring your questions!

Asthma Can't be Cured, But it CAN Be Managed!

Program Overview

- What is Asthma?

- Asthma Diagnosis
 Asthma Triggers
 Asthma Treatment Options
 Managing Asthma Triggers at Home

Program Goal: This webinar will explain the health condition of asthma and offer recommendations for ways to manage it so that better health outcomes and quality of life can be achieved.

The Take a Breath: ASTHMA EDUCATION for life without limits™ webinar can be viewed on your own device (computer, IPad or phone) at home.





Grant Funding Provided by the NH Asthma Control Program



The Asthma and Allergy Foundation of America, New England Chapter (AAFA New England) is a non-profit, 501(c)(3) organization dedicated to the control and cure of asthma and allergies. AAFA New England's programs, services, legislative advocacy and support for research are helping to improve the quality of life for those who live with or care for someone with asthma, allergies, including food allergies, and related diseases.

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